

For immediate release 5 October 2016



'Other conferences could take a leaf out of #r3fest's book'
 – Dr Alex Lockwood, Guardian 2014. Of the pioneering first biennale exploring
 running as an arts and humanities discourse.

RUN! RUN! RUN! Biennale 2016 #r3fest www.kaisyngtan.com/r3fest

Join 3 female artist-researcher-runners Dr Kai Syng Tan, Annie Grove-White and Dr Carali McCall in 3 energising events in 3 cities to explore running as a metaphor and methodology for us to think about the body, gender, ageing, the city and borders. With guests and colleagues including charities Free to Run (an NGO for running for women and girls in Afghanistan), A Mile In Her Shoes (a running group for homeless women) and Headway East London (a charity supporting people affected by brain injury), Eddie Ladd (international performance maker), Dr Karen Throsby (University of Leeds), Joe King (Royal College of Art), Simon Freeman (Like the Wind), Dr Andrew Filmer (Aberystwyth University), Catrin Kean (writer), Dr Alan Latham (UCL), Amelia Johnstone (illustrator) Sarah Brown (Leeds Art Gallery) and Dr Debbie Lisle (Queen's Belfast). RUN! RUN! RUN! Biennale 2016 is sponsored by Leeds College of Art and presented by RUN! RUN! RUN! International Body for Research.

How does running (dis)connect people across borders?

November 21 / Leeds: Discussion. 2-4pm. MA Creative Studio.

Leeds College of Art Blenheim Walk, LS2 9AQ

http://r3fest2016_leeds.eventbrite.co.uk

How does running (dis)connect people with the city?

November 23 / London: Screening. 6-8pm. Exhibition Room. Pearson Building

Department of Geography. UCL Gower Street, WC1E 6BT

http://r3fest2016_london.eventbrite.co.uk

How does running (dis)connect people with their body?

November 24 / Cardiff: Performance. 6-9pm. National Indoors Athletics Centre.

School of Sport, Cardiff Metropolitan University CF23 6XD

http://r3fest2016_cardiff.eventbrite.co.uk

RUN! RUN! RUN! Biennale 2016 #r3fest kicks off at Leeds with a **discussion (21 November 2-4pm, Leeds College of Art)**. Drawing on the current (anti)migrant crisis, global endurance athletic activities and artist Jun Nguyen-Hatsushiba's seminal performance *Breathing is Free: 12,756.3* (ongoing since 2007, an attempt to physically experience world refugee crisis by running the diameter of the earth, 12,756.3km), we ask: **how does running (dis)connect people across borders?** Presentations and discussions with academics, artists and friends from the running community include: Stephanie Case (Free To Run), Dr Debbie Lisle (Queen's University Belfast), Dr Doug Sandle (Fields of Vision), Dr Karen Throsby (University of Leeds), Dr Lisa Stansbie (Leeds Beckett University), and Sarah Brown (Leeds Art Gallery).

Next, off to London for a **screening of artist's films (23 November 6-8pm, University College London)**. We ask: **how does running (dis)connect people with the city?** Following films by Jenny Baines, Musquiqui Chihying, Veronique Chance and Joe King a discussion chaired by geographer Dr Alan Latham (UCL) will take place. Respondents include writer Simon Freeman (*Like the Wind*), artist Jo Volley (Slade School of Fine Art, UCL) and representatives from charities Headway East London and A Mile in Her Shoes.

The series ends on a high, at the stunning National Indoors Athletics Centre in Cardiff with an evening of **performances (24 November 6-9pm)**. We ask: **how does running people (dis)connect with their bodies?** We begin with performances and screenings with international performance maker Eddie Ladd, artists Carali McCall and Anna Brazier, followed by discussion chaired by Dr Andrew Filmer (Aberystwyth University). Last but not least, a presentation and readings by illustrator / lecturer Amelia Johnstone (Cardiff Metropolitan University) and writer Catrin Kean, followed by discussion chaired by Annie Grove-White.

RUN! RUN! RUN! Biennale 2016 draws on the success of its 2014 predecessor, which was run by Dr Kai Syng Tan with Dr Alan Latham. Held at the Slade Research Centre, #r3fest 2014 was applauded by the *Guardian* for its 'positive atmosphere', and by artists and academics for its unusual focus on running as an arts and humanities discourse, and its innovative format that mixed practice with research, lectures with running tours, and quick-fire presentations with a mediation session.

TAG #r3fest

WEBSITE: www.kaisyngtan.com/r3fest

HIGH RESOLUTION IMAGES

<https://www.dropbox.com/sh/6uyliw8hp9amgk/AAAHbFB8TEefwz9JxFiow0UWa?dl=0>

HIGH RESOLUTION FLYERS

<https://www.dropbox.com/sh/ypqpfjefx3taicze/AAAYBW1sc6UrSDpiTGtT80fma?dl=0>

ORGANISER

RUN! RUN! RUN! International Body for Research

SPONSORS

Sponsor: Leeds College of Art.

Site sponsors: University College London, Cardiff School of Sport

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Annie agwhite24@hotmail.com

GET YOUR FREE TICKETS NOW

Leeds: http://r3fest2016_leeds.eventbrite.co.uk

London: http://r3fest2016_london.eventbrite.co.uk

Cardiff: http://r3fest2016_cardiff.eventbrite.co.uk

ABOUT

Dr Kai Syng Tan FRSA www.kaisyngtan.com

Artist, visual director, sightseer and shape-shifter based in Leeds. Kai's works have toured 450 shows in 55 cities including dOCUMENTA, 8th ASEAN Para Games Ceremonies, Biennale of Sydney and transmediale, at locations such as MOMA, ZKM, ICA and Dom Muzyki. Upon completing her PhD at the Slade School of Fine Art, she founded the RUN! RUN! RUN! International Body for Research to explore running as a critical and creative toolkit to engage with the self, others, the city, technology and non-logocentric modes of thinking. Recognition includes the San Francisco International Film Festival Golden Gate Award, BBC/AHRC New Generation Thinkers finalist, and Japan Foundation artist-in-residency Award, while her works are collected by the Museum of London, Wellcome Trust and Fukuoka Art Museum. Now a Research Fellow at Leeds College of Art, Kai is also Fellow of the Royal Society of the Arts and a Peer Reviewer of the Arts and Humanities Research Council.

Annie Grove-White <http://www.anniegrovewhite.com>

Photo and video artist and lecturer based in Cardiff, Wales who looks at the female aging body socially and culturally, and in her video 'Breath / Mind / Muscle' uses running as a starting point that draws out a range of complex and sometimes conflicting moments. Currently, she is working with nine other artists exploring a variety of issues around the decommissioning of the last remaining Magnox nuclear power station in the UK at Wylfa in Anglesey, north Wales. Power in the Land will be exhibited in late 2015-2016.

Dr Carali McCall <http://www.caralimccall.org>

Performance-based artist and tutor in London, who explores movement and the role of the body in drawing by using the runner as a drawing device. Marking territory and making lines through the landscape, Carali considers the camera as 'viewer' and experiments with ways to record, document and present the body as both subject and object. Recent exhibitions and presentations of work include, Gallery 46, Whitechapel London, 2016, Metal at Southend on Sea 2016, Performing Site, Falmouth University 2014, Draw to Perform, Performance Space, London, 2013 and Again and Again: Serial Formats and Repetitive Actions, Vancouver Art Gallery, Canada, 2012.

Leeds College of Art <http://www.leeds-art.ac.uk/research/>

Over the last 170 years, Leeds College of Art has contributed significantly to the development of art education in Britain, having pioneered new ways to teach and to structure qualifications. Its alumni includes Barbara Hepworth, Henry Moore and Damien Hirst. In September 2016, Leeds College of Art has been given the power to award its own degrees. The Privy Council has written to the College to confirm that it has been granted Taught Degree Awarding Powers (TDAP), which means that, from September 2016, students will be able to study for a degree awarded by the College.

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#r3fest run! run! run! biennale 2016



running: metaphor + method

body . gender . age . city . borders

November 21 / Leeds

Discussion 2.00-4.00pm

MA Creative Studio, Leeds College of Art
http://r3fest2016_leeds.eventbrite.co.uk

November 23 / London

Screening 6.00-8.00pm

Exhibition Rm, Pearson Building (Dept of Geography), University College London
http://r3fest2016_london.eventbrite.co.uk

November 24 / Cardiff

Performance 6.00-9.00pm

National Indoors Athletics Centre
Cardiff Metropolitan University
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Join 3 female artist-researcher-runners Dr Kai Syng Tan, Annie Grove-White and Dr Carali McCall in 3 energising events in 3 cities.

With guests and colleagues including: A Mile In Her Shoes, Headway East London and Free To Run, Eddie Ladd (international performance maker), Dr Karen Throsby (University of Leeds), Joe King (Royal College of Art), Simon Freeman (Like the Wind), Dr Andrew Filmer (Aberystwyth University), Catrin Kean (writer), Dr Alan Latham (UCL), Amelia Johnstone (Cardiff Metropolitan University), Sarah Brown (Leeds Art Gallery), Dr Debbie Lisle (Queen's Belfast).

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 **UCL**

 Cardiff School of Sport
Ysgol Chwaraeon Caerdydd

Site sponsors



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Leeds College of Art
Blenheim Walk, LS2 9AQ

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Drawing on the (anti)migrant crisis, global endurance races and artist Jun Nguyen Hatsushiba's seminal performance *Breathing is Free: 12,756.3* (since 2007, to physically experience world refugee crisis by running the diameter of the earth, 12,756.3km), we will ask how running can connect and divide people. With Stephanie Case (*Free To Run*), Dr Debbie Lisle (Queen's University Belfast), Dr Doug Sandle (Fields of Vision), Dr Karen Throsby (University of Leeds), Dr Lisa Stansbie (Leeds Beckett University), and Sarah Brown (Leeds Art Gallery).

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Exhibition Room G07
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University College London
Gower St, London WC1E 6BT

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Featuring films by artists Jenny Baines, Musquiqui Chihying, Veronique Chance and Joe King. Discussion chaired by geographer Dr Alan Latham (UCL) with respondents including writer Simon Freeman (Like the Wind), artist Jo Volley (Slade School of Fine Art, UCL) and representatives from charities Headway East London and A Mile in Her Shoes. With live tweeting by Prof Anson McKay (UCL).

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Performances + screenings with international performance maker Eddie Ladd, artists Carali McCall and Anna Brazier, followed by a discussion chaired by Dr Andrew Filmer (Aberystwyth University).

Presentation + readings by illustrator / lecturer Amelia Johnstone (Cardiff Metropolitan University) and writer Catrin Kean, followed by a discussion chaired by Annie Grove-White.

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